



# CAP AND PIN '75

— JAMES C. HARRIS —



the 1980s, the number of people in the world who are undernourished has increased from 250 million to 600 million (FAO 1985). The number of people who are malnourished has increased from 150 million to 400 million (FAO 1985).

There is a growing awareness of the need to improve the nutritional status of the world's population. The United Nations World Food Conference (1979) and the World Health Conference (1982) have both emphasized the importance of nutrition in the development of a country. The World Bank (1982) has also emphasized the importance of nutrition in the development of a country.

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A sepia-toned photograph of a beach scene. In the foreground, several people are sitting on the sand, some under large beach umbrellas. The middle ground shows a line of people standing or walking along the water's edge. The background is a vast, open expanse of water meeting a distant, hazy shoreline under a pale sky. The overall tone is nostalgic and serene.

# MEMORIES

## OF HOW IT ALL BEGAN



## OF THE THINGS WE LEFT BEHIND





# OF LAUGHTER SMILES AND TEARS





OF THE THINGS WE WOULD LIKE TO FORGET



## OF THE WAY WE USED TO BE



## OF HELPING OTHERS

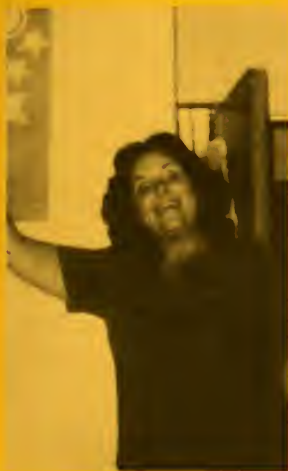


## OF FRIENDS WE LEFT BEHIND





## OF HAPPY TIMES



IF WE HAD THE CHANCE TO START AGAIN,  
WOULD WE?



CAP AND PIN 1975

CABARRUS MEMORIAL HOSPITAL  
SCHOOL OF NURSING  
AND X-RAY TECHNOLOGY

CONCORD, NORTH CAROLINA  
VOLUME XXVII



# DEDICATION

You met us-the green little people called Freshmen on orientation day, out on the sidewalk with your hospitable and friendly smile.

We will never forget you observing us as freshmen giving our first baths, measuring TPR's and even listening with a double stethoscope while we measured blood pressures.

You are one that we will never forget and will always admire. We know you realize that things aren't the way they used to be. You took your rightful stand for your students and always worked toward a change for the better. Never did a CSU or a Student Personnel meeting go by that you weren't there.

We will remember your patience, guidance, and motherly advice when we began to care for a new type of patient-the child; also, the raveoli, spaghetti, and hamburger feasts at your home at the end of our Pediatric experience.

There is also your fine examples, sincere interest in each of us and your generous, friendly smile that has encouraged us through three years of our nursing education.

We, the Senior class of 1975, with our sincerest respect, dedicate this 1975 edition of the "Cap and Pin" to . . . Mrs. Sue Barringer.





## APPRECIATION



She is one who gives that extra friendly smile that lets us know that we are more than "students" all the time. She kept us walking the straight line as head of the Judiciary Council.

We will never forget the nursery experience we shared with her-stimulating and suctioning the new-born, calling the time of birth, bathing, feeding, and weighing babies each day, and her example of mothering she taught us.

Our class appreciates the time and effort she spent with us as class advisor for two years.

Without her, this annual would not be a success, as she has been an annual staff advisor.

For all of her understanding, kindness, and effort, the Senior class of 1975 extends its warmest appreciation to Mrs. Janelle Correll.





## GRADUATION 1974

The 1974 graduation would not have been complete without the presence of mascots, Kathy Hood and Partick Argo.

Honored guest speaker for the evening was Dr. Ben Flowe. It was a refreshing change to see Dr. Flowe a little nervous due to the students, rather than the students a little nervous due to Dr. Flowe.



### The Class of 1974

Having reached the top, they look back at their long climb filled with memories of hardship, joy, tears, and laughter. Sharing their last moments as a class, each looks towards what nursing holds for her in the future.







Marshals, Wanda Smith, Sheila Coble, Sandi Hill, Carolyn Cruthers, Kay Mann, Jennifer Hildebran, Karen Shoaf, Theresa Essick, Kay Love, and Phyllis Webb were chosen from the Junior Class in accordance with their scholastic achievements.





CLASSES





Mascots for the class of 1975 are Anna Carter and Michael Sellers. They have made our final year at CMH an enjoyable one.

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# CLASS OF '75

SENIOR CLASS ADVISORS: Mrs. Janelle Correll and Mrs. Beth Mabrey. CLASS OFFICERS: President, Karen Shoaf; Vice-President, Jenny Hildebran; Secretary, Theresa Essick; Treasurer, Diane Brady; Parliamentarian, Gayle Woodie; Chaplain, Donna Curtis





Frances Andrews  
Asheville, N. C.



Marie C. Atwell  
Brevard, N. C.



Diane Brady  
Statesville, N. C.



Patricia Chaffin  
Advance, N. C.



Sheila T. Coble  
Locust, N. C.



Marcia Cooke  
Kannapolis, N. C.



Carolyn Cruthers  
Winston-Salem, N. C.



Donna Curtis  
Waynesville, N. C.

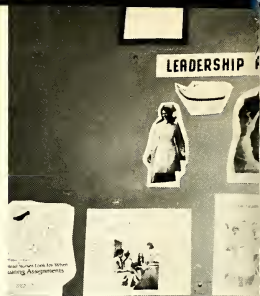




Janice Davis  
Randleman, N. C.



Edna L. Dowell  
Glade Valley, N. C.



Robin Edwards  
Mt. Gilead, N. C.



Pamela W. Ervin  
Franklin, N. C.



Theresa N. Essick  
Winston-Salem, N. C.



Becky Fisher  
Concord, N. C.



Arlene Foster  
Clemmons, N. C.



Lee L. Gilreath  
Travelers Rest, S. C.



Kay Glascoe  
Winston-Salem, N. C.



Susan C. Harris  
Hamptonville, N. C.



Jennifer Hildebran  
Hickory, N. C.



Sandra Hill  
Dobson, N. C.



Susan Howell  
Oakboro, N. C.



Jeri Kimmer  
Kannapolis, N. C.



Sharon Lee  
Erwin, N. C.



Sharlyn M. Lowder  
Norwood, N. C.



Kay B. Mann  
Brevard, N. C.



Debbie McDaniel  
Kings Mountain, N. C.



Ann Menius  
Salisbury, N. C.



Cynthia S. Miller  
Catawba, N. C.



Carolyn Porter  
Salisbury, N. C.



Karen Shoaf  
Mocksville, N. C.



Donna Simmons  
Elberton, GA.



Sharon Simmons  
Boonville, N. C.







Linda Skinner  
Durham, N. C.



Wanda B. Smith  
Ramseur, N. C.



Delores Thomas  
Union, Mich.



Phyllis Webb  
Reidsville, N. C.



Janet Wilson  
Salisbury, N. C.

Kay L. Winfree  
Locust, N. C.



Gayle Woodie  
McBrady, N. C.



Barbara Zimmerman  
Winston-Salem, N. C.



## FRESHMAN CLASS

ADVISORS: Mrs. Louise Clontz  
Mrs. Donna Cline

CLASS OFFICERS:

President: Cindy Williams  
Vice-President: Marcia Hoke  
Secretary: Vickie Dyson  
Treasurer: Denise Ridenhour  
Chaplain: Tweetie Ash  
Parliamentarian: Anne Douglas





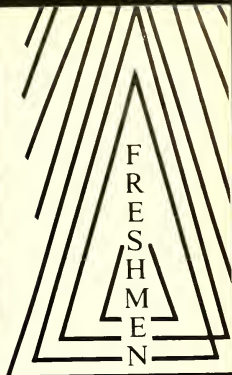
Toni Adcock



Athena Almond



Beth Anderson



Regina Andrews



Vinnie Ash  
"Tweetie"



Edith Bridges



Sheila Brown



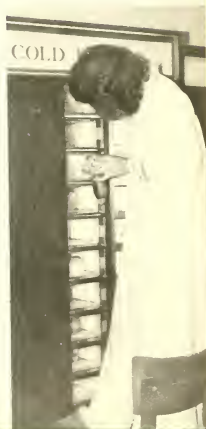
Karen Burroughs



Vickie Dison



Anne Douglas







Kathleen Drake



Susan Faulkner



Candis Fishel



Patricia Foster



Kelly Gardner



Gay Garrison



Carolyn Gordon



Kathy Hamby



Esper Harrison



Barbara Helms



Marcia Hoke



Debbie Howard



James Howell



Cathy Lampert



Wanda Lancaster



Beth Langford



Cheryl Linville



Deborah Love



Sharon Lowrance



Karen McCue



James  
McEachern



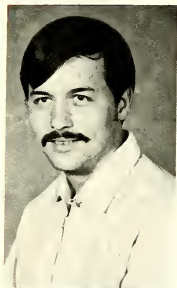
Alice Mclester



Teresa Odom



Jennifer Quast



Steven  
Minderlein



Jayne Morrow



Sharon  
Shirley



Rebecca Sigmon



Belinda  
Ridenhour



Sharon  
Richardson





Judith Smith



Robin Sneed



Shelley Spainhour



Jill Thomas

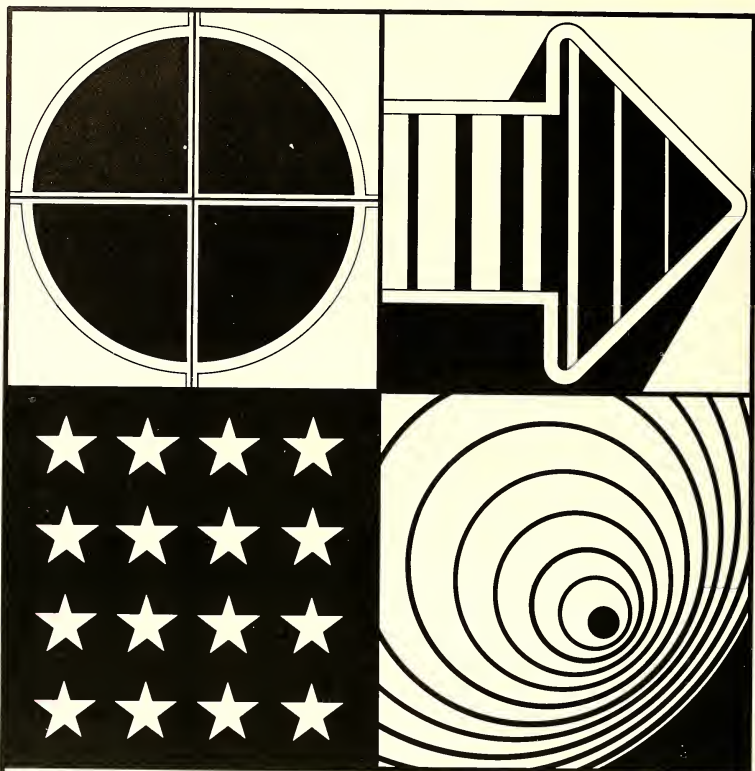


Melanie Walker



Cindy Williams





CLASSES

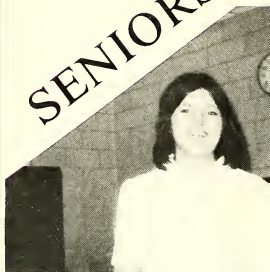
# X-RAY



X-RAY OFFICERS: Pres. Linda Lawing; Vice Pres. Marcia Safley; Secretary Becky Steiner; Treasurer Douglas Kuebler.  
STUDENT SUPERVISOR: Mrs. Shelia McClellan ARRT. CHIEF RADIOLOGIST: Dr. Rosser



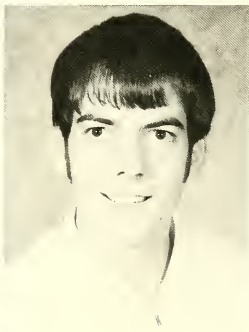
# SENIORS



Susan Eflord  
Albemarle, N. C.



Dora Gilmore  
Fort Mill, S. C.



Douglas Kuebler  
Blackstone, Va.



Linda Lawing  
Kannapolis, N. C.







Jeanette Poole  
Kannapolis, N. C.



Betty Rhyne  
Kannapolis, N. C.



Becky Steiner  
Daytona Beach, Florida



Marcia Safley  
Kannapolis, N. C.



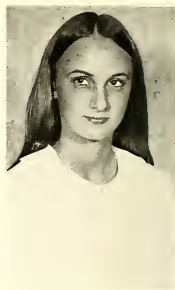
# FRESH M E N '75



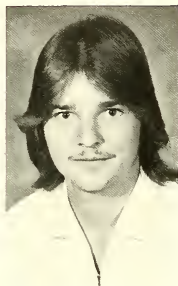
Connie Carter



Barbara Dunn



Debbie Elliott



Eric Frye



Betsy Harkey



Linda Hartis  
Not Pictured



Debbie Hayer



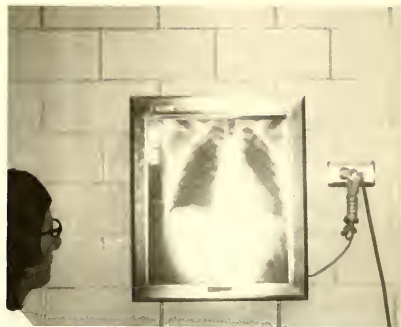
Gloria Lovette



Sherry Mayfield



Lisa McCurdy



Teresa Meade



Betsy Polk



Terry Slawson



Betty Smith



Nancy Tyer



Denise Wilson

# ORGANIZATIONS

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#### Dorm Council

Carolyn Cruthers, Diane Brady, Frances Andrews, Betsy Harkey, Debbie McDaniel, Ellen Little, and Kathleen Drake. Advisor: Miss Ruth Williard.



#### Judiciary Council.

Barbara Zimmerman, Frances Andrews, Donna Simmons, Becky Stiener, Diane Brady, Jenny Quast, and Jill Thomas. Advisor: Raynette Grant



## CSU

The Christain Student Union is an interdenominational organization which helps to promote Christian fellowship among the students. Pres. - Marcia Cook, V. Pres. Judy Smith, Sec. - Tweetie Ash, Tres. Sandi Hill Advisors: Sue Barringer and Sandra Burson

## Glee Club

The Glee Club is composed from the nursing classes who enjoy the opportunities to sing and relax. The club is often involved in various school events, also community sponsored events.





#### Policy Committee

Marcia Cook, Frances Andrews,  
Wanda Smith, Kathy Hamby,  
Sharon Shirley



#### Library Committee

Sheila Coble, Debbie McDaniel,  
Sharon Richardson

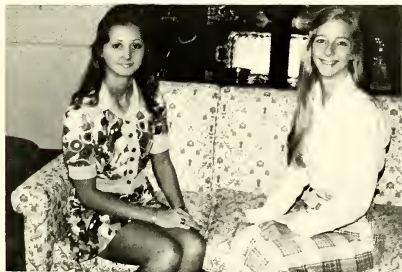






Curriculum Committee

Phyllis Webb and Patricia Chaffin



Student Personnel Committee

Betsy Harkey, Jennifer Hildebran, and Marcia Hoke

Social Committee

Carolyn Cruthers and Jill Thomas



Kitchen Committee

Kay Love, Edna Dowell and Terry Odom.







Assistant Editor: Wanda Smith

## ANNUAL STAFF 1974-75

Advisors: Mrs. Margaret Sellers, Mrs. Janelle Correll



Co-editors:

Kay Love, Patricia Chaffin



#### Photography Staff

Co-editors: Marcia Cook and Marie Atwell, Sheila Coble, Becky Steiner, Carolyn Cruthers, Wanda Smith, Lee Gilreath, Carol Porter.

#### Typing Staff

Assistant Editor: Frances  
Andrews Editor: Becky Fisher,  
Edna Lyons, Susan Harris,  
Wanda Smith, Carol Porter.

#### Business Managers

Carolyn Cruthers and Edna Lyons





#### Layout Staff

Co-editors: Ann Menius and Sheila Coble. Kay Glascoe, Carolyn Cruthers, Barbara Zimmerman, Susan Howell, Linda Lawing, Marcia Safley, Carol Porter, Susan Harris, Edna Dowell, Donna Curtis.

#### Copy Staff

Co-editors: Carolyn Cruthers and Karen Shoaf. Carol Porter, Wanda Smith, Arlene Foster.

#### Circulation Staff

Editor: Gayle Woodie, Debbie McDaniel, Arlene Foster, Barbara Zimmerman, Karen Shoaf, Kay Glascoe, Diane Brady.







## HOUSEMOTHERS

Through all the times of signing out, getting mail, aspirins, hot water bottles, and telling us - "You have a visitor!", we have come to know and appreciate our housemothers. Gracious thanks to Mrs. Naomi Eudy, Mrs. Gladys Simpson, and Mrs. Zelma Lisk. There is also a warm welcome for Mrs. Mary Ewan (not pictured).



FACULTY

17594  
17594

## ADMINISTRATION



Mr. Robert Wall  
Hospital Administrator



Mr. C. Copenhaver  
Assistant Administrator

Mr. C. Gilliam  
Assistant Administrator



Miss Martha Adams, R.N.B.S.,  
Nursing Education



Mrs. Anita Brown  
Curriculum Coord.

Mrs. Louise Harkey, R.N.  
Administrative Consultant





Mrs. Beulah Summers

## FACULTY



Miss Raynette Grant, B. A.



Mrs. Verna Mae Link, M. S. L. S.



Mrs. Sandra Burson, B. S. H. E.



Mrs. Sandra Wilkes, Mrs. Majorie Hawkins,  
Mrs. Christene Emory, Ms. Linda Slaughter,  
Ms. Nancy Harris

Ms. Ruth Williard, R. N. M. Ed.







Mrs. Lucille Cook, R. N. , B. A.



Mrs. Donna Cline, R. N. , B. S.

Mrs. Janelle Correll, R. N. B. S. N



Mrs. Margaret Sellers, R. N. , B. A.

Mrs. Dianna Lemons, R. N. , B. A.



Mrs. Louise Clonta, R. N. , B. A.



Mrs. Beth Mabrey, R. N. , B. A.







Mrs. Joyce Stancil, R. N. , B. S.



Mrs. Janice Babcock, R. N. , B. S. N.



Mrs. Sue Barringer, R. N. , B. S.



Mrs. Frances Withers, R. N. , B. A.



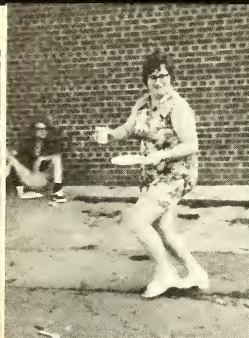
Mr. Bob Davis, M. S.



Mrs. Martha Deal, R. N. , B. S.



Rev. Thurmond Plexico, A. B. , B. D.



They'll never know I got  
the last hamburger!



Was that a stool specimen I saw?



Dear Lord please--just two  
points!



Cardiac? It's a breeze!



## SECRETARIES



Mrs. Hilda Gibbons, Mrs. Alice Stocks, and Mrs. Ann Long

## HEALTH SERVICES



Dr. Barry Hawkins



Miss Edith Dennis, R. N.





Doctors if your  
picture isn't  
here it isn't be-  
cause we don't  
like you it's  
because we  
couldn't find





# ACTIVITIES

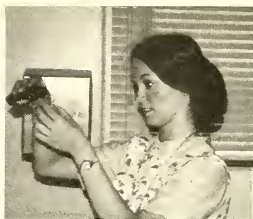


















To Doctors Baker, Chalfant, Crook, Crossland, Flowe, Henry, Lockhart, and Sumner we the class of 1975 give our deepest thanks for your time and effort to make our project a success.





# HISTORY

A dream for a school of nursing began in 1941. The nursing situation became very critical due to so many nurses going into the military service. Therefore, the Board of Trustees and Administrator voted to open a school of nursing. In the solaria of the nurses' residence student rooms and classrooms were set up, brochures and catalogues were prepared and the first instructor of nurses, Miss Dorothy Adams, a graduate of Duke University was employed. A great deal of the teaching was done by the members of the medical staff. The School of Nursing opened officially in February 1942 with state approval and an enrollment of 17 students. In the spring of 1945 ten students graduated. One of these students made the highest average on the state board examinations in the State for that year.

Today the program's emphasis is different than it was in 1942. Previously the students were responsible for the nursing service and what was taught to them in the classroom. Today the program emphasizes theory and then service. The reason for the change is that without proper knowledge nursing care could not be completed.

The school of x-ray was opened in 1943. There have been 110 students to graduate. The school of x-ray is nationally accredited by the American Society of x-ray Technicians.

A new two-story building was constructed in 1945 which enabled the capacity of students to be approximately 100. This new building consisted of classrooms, science laboratory, dietetics laboratory, library, recreation room and dormitory space for both students and the faculty. In 1954 a third story and a new wing was added. This provided an auditorium, lounges, kitchenette, laundry, a larger library and additional dormitory space. The School of nursing has graduated 728 students to this date. The school has been approved and maintained this approval from the state Board of Nurse Registration and Nursing Education since it was first opened. The school received its temporary accreditation in 1962. This made the school one of four diploma schools to be accredited in North Carolina.

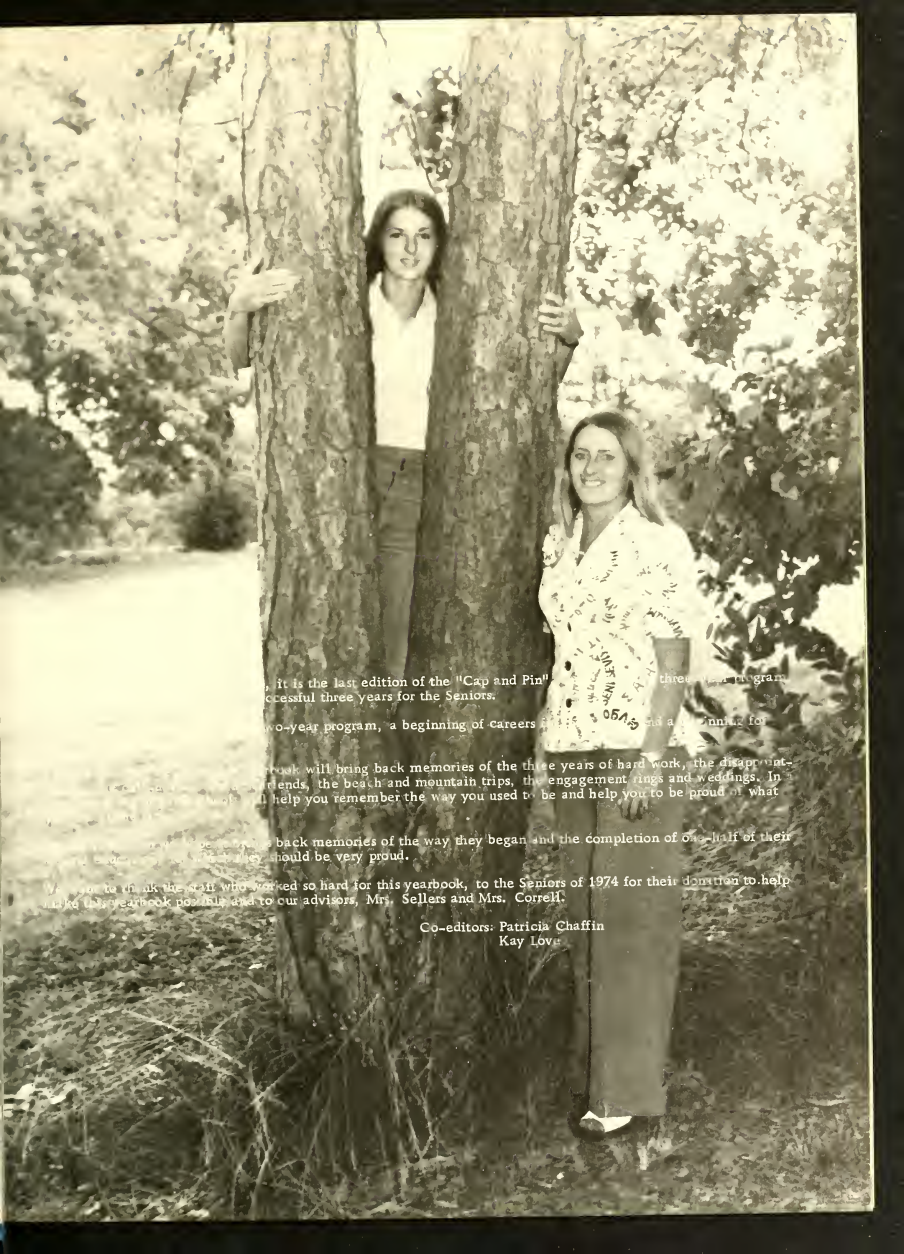
A school of laboratory technology was begun in 1954. This school has graduated 24 students. This course consists of a twelve month program. Upon graduation the students receive a certificate from Cabarrus Memorial Hospital School of Exfoliative Cytology and they are eligible for National certification by the American Society of Clinical Pathologists.

Perhaps it is difficult for one to believe two nursing students, one emerging from a program extending through 33 months of study and the other from a program extending through 24 months of study, could be expected to perform nursing and nursing skills in a comparable manner immediately following their graduation. For the Faculty at Cabarrus Memorial Hospital School of Nursing, having dealt persistently for two and one-half years with the question of "how can this be?", it is not now difficult to perceive or expect.

Many interested persons have asked "What is the difference in these two programs?" It could be a simple task to list those things which can be identified as differences between the two year and the 33 months programs, but such a list without some basic description of activities and involvement of people might perchance leave the reader with somewhat less information than is needed for understanding these differences. While there are several differences in the two programs, the major differences consist of: 1) Length of time, 2) Organization of Curricular offerings, 3) Learning resources, 4) A Learning Resource Center, and 5) Guidance Program.

The Faculty did not attempt development of a program, the product of which would be different from the product of the 33 months program. Having graduated several classes who were quite successful in completing State Board Examinations, the Faculty would want nothing less for the graduates to come, so set out to design a new program which would produce a good nurse, comparable in achievement and the practice of nursing to those previously graduated from the school.

It is too soon yet to produce information that will tell us whether or not the design of our 24 months program will support successful attainment of our goal, but we look forward to the time when records will be available for such an evaluation. We love doing something new and different. At least stasis is not our forte. Unless we move forward, however, backward movement is inevitable.



It is the last edition of the "Cap and Pin" successful three years for the Seniors.

Two-year program, a beginning of careers

three-year program

and a beginning for

This yearbook will bring back memories of the three years of hard work, the disappointments, the friends, the beach and mountain trips, the engagement rings and weddings. In the pages of this yearbook will help you remember the way you used to be and help you to be proud of what you have achieved.

It will be a good way to look back memories of the way they began and the completion of one-half of their lives. They should be very proud.

We want to thank the staff who worked so hard for this yearbook, to the Seniors of 1974 for their donation to help make this yearbook possible, and to our advisors, Mr. Sellers and Mrs. Correll.

Co-editors: Patricia Chaffin  
Kay Love



## SENIOR DIRECTORY

- FRANCES FAYE ANDREWS . . . Asheville, N. C. . . . CSU-1,2,3; Vice-President CSU-3; Annual Staff-2,3; Assistant typing Editor-3; SGA Vice-President-2; Policy Committee-Chairman-2; Dorm Council Executive Committee-3; Remembers . . . "Don't give your meds until I'm through with the cart!"
- MARIE COLLINS ATWELL . . . Brevard, N. C. . . . Basketball team-1,2; Kitchen Committee-2; CSU-1,2,3; Annual Staff-1,2,3; Co-editor Photography Staff-3.
- JEANNETTE DIANE BRADY . . . Statesville, N. C. . . . Glee Club-1,2; Dorm Council Executive Committee-3; Judiciary Council-3; Annual Staff-2,3; Remembers . . . '74 seniors and their fire alarm in the early morning!
- PATRICIA JEAN CHAFFIN . . . Advance, N. C. . . . Annual Staff-1,2,3; Photography Staff Co-editor-2; Annual CO-editor-3; Glee Club-1,2,3; CSU-1,2,3; Basketball team-1,2; SGA Secretary-2; Remembers . . . Friends, IBS, being late by two minutes, closed door parties.
- SHEILA TUCKER COBLE . . . Locust, N. C. . . . Vice-President Freshmen Class-1; Student Personnel-1; Social Committee-1; Permanent Library Committee-1,2,3; Junior Marshall-2; Annual Staff-1,2,3; Co-editor Layout Staff-3.
- MARCIA DEAN COOK . . . Kannapolis, N. C. . . . CSU-1,2,3; CSU Secretary-1; CSU President-3; Glee Club-1,2,3; Basketball team-1,2; Annual Staff-2,3; Photography CO-editor-3; SGA Secretary-2; Secretary Executive Committee-2; Policy Committee-1,2,3; Chairman Public Relations Committee-2; Chairman Nominating Committee-2; Remembers . . . Lots of studying, great times, wonderful friends.
- CAROLYN SUE CRUTHERS . . . Winston-Salem, N. C. . . . Annual Staff-2,3; Assistant Business Manager-2; Business Manager-3; Copy Staff Co-editor-3; Social Committee-3; Public Relations-1; Junior Marshall-2; Basketball team-2; Dorm Council Executive Committee-3; Dorm Council Chairman-3; Remembers . . . Long hours studying, good times, Spiderwoman, friends, trips together, North Hall, tears and laughter.
- DONNA KAY CURTIS . . . Waynesville, N. C. . . . CSU-1,2,3; CSU Secretary-2; Junior Class Treasurer-2; Annual Staff-3; Remembers . . . "The day I called Mrs. Mabrey--Mrs. Mayberry!"
- JANICE RUMBLEY DAVIS . . . Randleman, N. C. . . . Annual Staff-1,2,3; SNA-1; SGA Ways and Means-2.
- EDNA LYONS DOWELL . . . Glade Valley, N. C. . . . Annual Staff-1,2,3; Annual Staff Secretary-2,



3; Assistant Business Manager-3; Kitchen Committee-3; Policy Committee-3; Public Relations Committee-1,2; Remembers . . . Objectives, tests, injections, waiting in line.

ROBIN ELIZABETH EDWARDS . . . Mt. Gilead, N.C. . . . CSU-1; Remembers . . . "Practicing CPR and I tried to blow Recussi-Ann up by mouth!"

PAMELA WARSTLER ERVIN . . . Franklin, N.C. . . . Library Committee-2; Kitchen Committee-1;

THERESA NIFONG ESSICK . . . Winston-Salem, N.C. . . . Senior Class Secretary-3; Junior Marshall -2; Student Nurse of the Month-1; Remembers . . . "Don't ask me, I'm just a student!"

BECKY LYNN FISHER . . . Concord, N.C. . . . CSU-1,2,3; CSU-President-2; Glee Club-1,2,3; Annual Staff-1,2,3; Assistant Typing Editor-1; Typing Staff Editor-2,3; Remembers . . . "Passing out in the delivery room while watching Dr. Furr do a circumcision."

ARLENE DENISE FOSTER . . . Clemmons, N.C. . . . Glee Club-1,2,3; CSU-1,3; CSU Treasurer-1; Annual Staff-3; Ways and Means Committee-1,2; Remembers . . . "Long talks, too much studying, not enough free time, and friends."

LEE LAMB GILREATH . . . Landrum, S.C. . . . Basketball team-1,2; Basketball Captain-2; Social Committee-2; Student Personnel-2; Annual Staff-3; Remembers . . . "The time I left the narcotic keys on the cart!"

JANICE KAY GLASCOE . . . Winston-Salem, N.C. . . . Glee Club-1,2,3; Annual Staff-3; Freshmen Class Treasurer-1; Remembers . . . the good times on 3rd North and the 5:00 A. M. 'firedrill'!"

SUSAN CURRENT HARRIS . . . Hamptonville, N.C. . . . CSU-1; Christmas Court-1; Judiciary Council-2; President Judiciary Council-2; Annual Staff-2,3; Ways and Means Committee-1,2; Remembers . . . "My first 'kidney stone' care study turned out to be my future father-in-law!"

JENNIFER LYNN HILDEBRAN . . . Hickory, N.C. . . . CSU-1,3; Class Chaplain-1,2; Senior Class Vice-President-3; Junior Marshall-2; Remembers . . . "A certain blind date on January 20, 1973."

SANDRA JEANNE HILL . . . Dobson, N.C. . . . CSU-1,2,3; Freshmen Class President-1; SGA First Vice-President-1; SGA President-2; Policy Committee Chairman-1; Chairman Judiciary Council-1; Chief Junior Marshall-2; CSU Treasurer-3; Remembers . . . "Signing my first nurses notes RN instead of SN!"

SUSAN MAUREEN HOWELL . . . Oakboro, N.C. . . . Annual Staff-1,2,3; Basketball team-2; Remembers . . . Game with Big Ways, Good Guys, beach trips, Wednesday nights at K-Town.

JERI ELAINE KIMMER . . . Kannapolis, N. C. . . . CSU-1; Glee Club-1; Annual Staff-1,2; Remembers . . . "Waiting on Saturday night phone calls."

SHARON PATRICIA LEE . . . Erwin, N. C. . . . Public Relations Committee-2; Remembers . . . "Don't mind me, I'm only a student!"

LYNDA KAY LOVE . . . Stanfield, N. C. . . . Annual Staff-1,2,3; Layout CO-editor-1,2; Annual CO-editor-3; Policy Committee-1; Executive Committee-3; Kitchen Committee-3; Junior Marshall-2; Remembers . . . "Don't break sterile technique, objectives, evaluations."

SHARLYN MANSFIELD LOWDER . . . Norwood, N. C. . . . Annual Staff-1,2; Annual Co-editor-2; Executive Council 2; Remembers . . . "The Fall Festival my Freshmen year because everyone was so enthusiastic and it was a big success."

KAY BAUGHN MANN . . . Brevard, N. C. . . . Glee Club-1; Junior Marshall-2; Remembers . . . "Sitting on the sunporch eating cherry yougart on the night of June 19, 1973."

DEBBIE McDANIEL . . . Kings Mountain, N. C. . . . Glee Club-1,2,3; Library Committee-3; Annual Staff-3; Dorm Council Alternate-3; Judiciary Council Chairman-3; Remembers . . . "Long unit days and short sleeping nights."

ANN MENIUS . . . Salisbury, N. C. . . . Annual Staff-2,3; Annual Layout Staff co-editor-3; Remembers . . . "Miss Beal, North Hall Window, Spiderwoman, Ping-pong, tears and laughter and friends."

CYNTHIA STEWART MILLER . . . Catawba, N. C. . . . Remembers . . . "Getting up early--going to bed late."

CAROLYN JANE PORTER . . . Salisbury, N. C. . . . Annual Staff-3; Basketball team-2; Remembers . . . "Big Ways Good Guys, Doctor Cheerleaders, Fire Alarms at 5:00 A. M."

KAREN ELAINE SHOAF . . . Mocksville, N. C. . . . Glee Club-1,2,3; CSU-1,2,3; CSU Vice-President-1; Junior Class Secretary-2; Senior Class President-3; Basketball team-1; Judiciary Council-1,2; Annual Staff-3; Co-editor Copy Staff-3; Junior Marshall-2; Remembers . . . "Trips to the Health Office, friends, good times, hard work, grateful 'thank-you's' from patients."

DONNA LARAIN SIMMONS . . . Elberton, Ga. . . . Judiciary Council-3; Remembers . . . "All the good times I had!"

SHARON LYNN SIMMONS . . . Boonville, N. C. . . . CSU-1; Junior Class President-2; Basketball team-1,2; Remembers . . . "Nights spent in IBS labs, beach trips, friends, finally--graduation."

LINDA FAYE SKINNER . . . Durham, N. C. . . . Remembers . . . "Good times I've had since school began."

- WANDA BOGER SMITH . . . Ramseur, N. C. . . . Annual Staff-1,2,3; Annual Co-editor-2; Assistant Editor-3; Policy Committee-2; Judiciary Council-1; Executive Council-2; Junior Marshall-2; Remembers . . . "How does a Pollock put out a light? Covers it with a pillow!"
- DELORES JEAN THOMAS . . . Union, Michigan . . . CSU-1; SNA-1,2,3; Remembers . . . "Stirring spaghetti sauce at 3:30 in the morning and not getting to taste it until 3:30 that night!"
- PHYLLIS JUNE WEBB . . . Reidsville, N. C. . . . Glee Club-1; Curriculum Committee-2,3; Junior Marshall-2; Remembers . . . "Typing a care study till 3:30 A. M. and getting up at 5:30 to go on the unit!"
- JANET KAYE WILSON . . . Salisbury, N. C. . . . Annual Staff-1; Remembers . . . "Call downs, bones, worms!"
- NANCY GAYLE WOODIE . . . McGrady, N. C. . . . Glee Club-2,3; CSU-2,3; Annual Staff-1,2,3; Circulation Editor-3; Junior Class Vice-President-2; SGA Treasurer-2; Senior Class Parliamentarian-3; Miss Merry Christmas-2; Student Personnel-2; Ways and Means Committee Chairman-2; Remembers . . . "The day my patient played dead!"
- BARBARA JEAN ZIMMERMAN . . . Winston-Salem, N. C. . . . Glee Club-1,2,3; Library Committee-1; Annual Staff-3; Judiciary Council-2,3; Remembers . . . "Studying in the early morning for IBS tests."
- SUSAN SANDERSON EFIRD . . . Albemarle, N. C. . . . X-Ray Parliamentarian-2.
- DORA LEE GILMORE . . . Fort Mill, S. C. . . . Dorm Council Executive Committee-2; Policy Committee-2; Policy Committee-Chairman-2.
- DOUGLAS RON KUEBLER . . . Blackstone, Va. . . . X-Ray Class Treasurer-2;
- LINDA DELL LAWING . . . Kannapolis, N. C. . . . X-Ray Class President-2; Annual Staff-2; Remembers . . . "When BB invented the automatic tip remover!"
- SYBIL JEANNETTE POOLE . . . Kannapolis, N. C. . . . Judiciary Council-1.
- BETTY JO C. RHYNE . . . Kannapolis, N. C. . . . Day Student Representative-2;
- REBECCA LYNN STEINER . . . Daytona Beach, Florida . . . X-Ray Class Secretary-2; Judiciary Council-2; Annual Staff-2; Remembers . . . "The time S. Mc. dropped the barium bag on the floor and I left the top open."



Tying up your new white shoes  
for the very first time  
taking a big step, out  
into a strange and different world  
a new feeling  
a new you.  
Lace up those nurses' shoes.  
Stand tall, be proud.  
You can't put them on-  
You must grow into them.



















